



Department of Health

Ohio Department of Health

Early Childhood Health Program

# Online Ohio-Approved Training Opportunities for Early Childhood Education Professionals

The Ohio Department of Health offers online Ohio-Approved Training opportunities for Early Childhood Education professionals. All courses are provided free of charge. New courses are constantly being added to the list as additional courses become available.

*New course sessions open in the Ohio Professional Registry (OPR) at least twice per month. You should only register in OPR if you plan to complete the course in OhioTRAIN before the OPR course end date. If you will not be able to complete the course prior to the OPR course date, please wait for the next session to register in OPR.*

OPR Course Title	OhioTRAIN Title	OhioTRAIN Course #	OA Hours
Caring for Children with Asthma in Early Childhood Setting	Early Childhood Health: Caring for Children with Asthma in Early Childhood Settings	1088445	2
Allergies and Anaphylaxis in the Early Childhood Educational Setting	Early Childhood Health: Allergies and Anaphylaxis in Early Childhood Settings	1088435	2
How to Care for Young Children with Health Care Needs in Early Childhood Settings	Early Childhood Health: How to Care for Young Children with Health Care Needs in Early Childhood Settings	1082851	2
How to Survive the Cold and Flu Season in Early Childhood Settings	Early Childhood Health: How to Survive Cold and Flu Season in Early Childhood Settings	1085400	1.5
Early Childhood Health: Caring for Children with Disabilities in Early Childhood Settings	Early Childhood Health: Caring for Children with Disabilities in Early Childhood Settings	1089717	1.25
Supporting Breastfeeding in the ECE Setting	Supporting Breastfeeding in the ECE Setting	1089097	2
Ohio Healthy Programs Session 1 Healthy Habits Online Modules, Parts 1-4	Ohio Healthy Programs Session 1 Healthy Habits Online Modules, Parts 1-4	1075842	5
Approaches to Health Equity in Early Childhood Education	Early Childhood Health: Approaches to Health Equity in Early Childhood Education	1091501	2
The Role of ECE Providers in the Oral Health of Young Children	Early Childhood Health: The Role of ECE Providers in the Oral Health of Young Children	1091502	1.25



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To register for Ohio-Approved training hours, go to OCCRRA.org and click on “Find Trainings” Search for the OPR Course Title (from the list above) and register for the course.

To access the course content, you will need to register in OhioTRAIN:

- To register, go to OhioTRAIN at <https://www.train.org/odh/home>
- If you have not used OhioTRAIN before, go to “Create Account” on the OhioTRAIN website and follow the directions; opt in for emails so that you will receive instructions about the course
- If you have an account but have forgotten your password, DO NOT create a new account. Do request a password reset.
- Once logged into OhioTRAIN, click on Course Catalog to open the search window and type in the course number or OhioTRAIN title to find the course.
- Some courses have a worksheet that you must complete along with the training. When you are on the course page, click on the “Resources” tab below the course description to access the worksheet.
- Follow the OhioTRAIN Instructions to complete the Pre-Assessment, course content, Post-Assessment and Evaluation.
- Please allow up to 14 days for courses completed in OhioTRAIN to receive credit in OPR.

For questions, please contact Katie Dean at 614-752-7501 or [mary.dean@odh.ohio.gov](mailto:mary.dean@odh.ohio.gov)

## Parenting at Mealtime and Playtime Courses for Early Childhood Professionals



The Ohio Department of Health is proud to partner with the Ohio Chapter, Ohio American Academy of Pediatrics to bring a series of independent study courses for public health workers, home visitors, child care providers, and other professionals working with families in the early childhood populations. The courses do not qualify as Ohio-Approved training for child care professionals.



These courses use local experts to address the latest information about Parenting at Mealtime and Playtime (PMP) program that discusses approaches to prevent obesity and improve health for children 0-5 years of age. The purposes of the trainings are to increase understanding of developmentally appropriate guidelines on nutrition, healthy activity, and sleep all within the context of building resilient family-child interactions that support healthy habits.

To take these trainings, please go to OhioTRAIN (<https://www.train.org/odh/home>). If you do not have an OhioTRAIN account, please follow the instructions to create one. *If you have an account but have forgotten your password, do NOT create a new account. Instead, request a new password from the OhioTRAIN site.* You may search the course using their title or course number listed below.

OhioTRAIN Title	OhioTRAIN Course#	Length (Hours)
PMP: Breastfeeding Benefits	1089088	0.78
PMP: Feeding in the First 2 Years	1089078	1.0
PMP: Helpful Resources in Ohio	1089073	0.5
PMP: Hunger and Feeding Cues	1091683	0.58
PMP: Power of Play	1091688	0.65
PMP: Working with Families	1089316	1.2